

JES PANDA DEN, DES COLTS, SES EAGLES CAFÉ

BREAKFAST

All breakfast WG entrees served with your choice of assorted fresh fruit, 100% fruit juice cup, and flavored milk.

- October 3, 2022- Chicken Filet Biscuit
- October 4, 2022 –Manager's Choice
- October 5, 2022- Muffin Tops
- October 6, 2022 -Smile Donuts
- October 7, 2022 - Warm Cinnamon Roll
- October 17, 2022 –Cereal Bar w/Cheese Stick
- October 18, 2022 -Warm Strawberry Pop tarts
- October 19, 2022 -Chicken Filet Biscuit
- October 20, 2022- Apple/Cherry Frudel
- October 21, 2022 – Smile Donuts
- October 24, 2022- Mini Cini
- October 25, 2022- Pancake Pup
- October 26, 2022 - Chicken Biscuit
- October 27, 2022 - Smile Donuts
- October 28, 2022 - French Toast Minis
- October 31, 2022 - Warm Fudge Pop tarts (2)

LUNCH

All lunches served with your choice of assorted fresh fruit, canned or frozen fruit and a variety of milk choices. Pre-Plated Salads and Peanut Butter & Jelly/Cheese Stick/Snack Crackers offered daily

Salad Schedule: Monday: Grilled Chicken, Tuesday: Chicken Salad, Wednesday: Sliced Turkey, Thursday: Chicken Fajita, Friday: Chef Salad - [All Menu Choices subject to change due to Supply Chain and Staffing.](#)

- October 3, 2022 - Crispy Chicken Tenders w/Honey Mustard or Managers Choice, Carrots w/Ranch, Warm Roll, Fluffy Yellow Rice, Fresh Broccoli w/Cheese, Chilled Mixed Fruit Cup, Fresh Fruit
- October 4, 2022 - Cheese Bites w/Marinara or Cheesy Parmesan Chicken over Buttered Noodles, Buttered Corn, Fresh Garden Salad, Fresh Fruit, Chilled Fruit Cup, Chocolate Chip Chortles
- October 5, 2022 - Lemon Pepper Chicken w/ Warm Roll or Stuffed Crust Pizza, Seasoned Green Beans, Oven Roasted Potatoes, Fresh Fruit Choice, Icy Peach Cup
- October 6, 2022 - Manager's Choice or Crunchy Corn dog, Fresh Lettuce/Tomato Salad, Saucy Baked Beans, Fresh Whole Fruit, Chilled Fruit Cup
- October 7, 2022 –Basket Lunch: Cheeseburger on Bun, Lettuce/Tomato/Pickle, Waffle Fries, Fresh Fruit Choice, Chilled Fruit Cup, Warm Fudge Cookie
- October 17, 2022 - Groovy Meatloaf or Crispy Chicken Nuggets w/Honey Mustard and Warm Roll, Fresh Popeye Salad, Whipped Potatoes, Fresh Whole Fruit, Chilled Fruit Cup – Signing of NSLW Proclamation
- October 18, 2022- Old Time Square Pizza or Grilled Cheese Toaster, Seasoned Sweet Potato French Fries, Perfect Green Beans, Blast from the Past Pineapple Crisp, Fresh Granny Smith Apple – Throw Back Tuesday
- October 19 2022 - Blast from the Past Fish/Cheese Sandwich w/Tartar Sauce or Saucy BBQ Chicken w/Biscuit, Saucy Baked Beans, Fresh Purple and White Coleslaw, Fresh Fruit Choice, Chilled Pear Salad – Flower Child Day, wear your flowered shirts
- October 20, 2022 - Dig It Beef-a Roni or Mangers Choice, Warm Roll, Perfection Garden Salad, Seasoned Lima Beans, Fresh Cut Fruit Cup, Sour Raisin Treat, Scooby Doo Cookies – Represent your favorite cartoon character from the 60's and 70's
- October 21, 2022 - 1970's Chicken Taco or Cheese Quesadilla, Spicy Salsa Cup, Fresh Lettuce/Tomato Salad, Throw Back Spanish Beans, Warm Vanilla Cookie, Sweet Strawberry Jell-O w/Fruit Cocktail, Fresh Whole Fruit – Wear your tie die and head bands
- October 24, 2022 - Cheesy Pan Pizza or Homemade Meatball Sub, Fresh Popeye Salad, Homemade Squash Casserole, Chilled Applesauce, Fresh Whole Fruit – [Harvest of the Month](#)
- October 25, 2022 - Crispy Chicken and Waffle or Spicy Sausage and Cheese Biscuit, Seasoned Potatoes Triangles, Fresh Sliced Tomatoes, Chilled Juice Cup, Fresh Fruit, “Hugs Not Drugs” Cookies – [Breakfast for Lunch](#)
- October 26, 2022 – Cheesy Calzones w/Marinara or New Spicy Buffalo Chicken Wrap, Fresh Lettuce and Tomato, Seasoned French Fries, Chilled Mixed Fruit, Fresh Fruit Choice, Birthday Celebration Cookie w/Ice-cream Cup - [Happy Birthday Celebration Day](#)
- October 27, 2022 - Homemade Mac-n-Cheese w/Sausage Links or Crispy Chicken Sandwich, Seasoned Black-eyed Peas, Seasoned Collard Greens, Warm Biscuit, Fresh Whole Fruit, Chilled Fruit Cup
- October 28, 2022 - Bat Wing Nuggets w/Roll or Magic Carpet Pizza, Broom Sticks w/ Dip (Carrot/Celery with Ranch), Mummy Fries, Hanging Fresh Green Apple, Spooky Halloween Treat - [Fall Festival Day/Find the Eyeball](#) 🕸️
- October 31, 2022 - Manager's Choice, or Crunchy Country Fried Steak w/Biscuit, Cheesy Scalloped Potatoes, Seasoned Sweet Peas, Fresh Fruit Choice, Chilled Fruit Cup



This Institution is an equal opportunity provider.

All meals are served at no charge to all students.