September 2022

## JHS BIG RED CAFÉ MENU

## BREAKFAST

## All breakfast WG entrees served with your choice of assorted fresh fruit, 100% fruit juice cup, and flavored milk. Extras: Grab and Go Choice – Cereal Bars, WG Smile Donuts, Pop tarts Choice Daily

- September 1 2022- Chicken Filet Biscuit
- September 2, 2022 Sausage Biscuit
- September 6, 2022 Steak Biscuit
- September 7, 2022 Biscuit w/Sausage links
- September 8 2022 Spicy Chicken Biscuit
- September 9, 2022- Sausage Biscuit
- September 12 2022- Steak Biscuit
- September 13, 2022- Chicken Filet Biscuit
- September 14, 2022- Bacon Cheese Croissant

September 25, 2022 - Spicy Chicken Filet Biscuit September 16, 2022 - Pancake Pup September 19, 2022 - Sausage Biscuit September 20, 2022 - Steak Biscuit September 21, 2022 - Bacon Cheese Croissant September 22, 2022 - Biscuit w/Sausage Links September 23, 2022 - Spicy Chicken Biscuit September 26, 2022 - Sausage Biscuit September 28, 2022 - Chicken Filet Biscuit September 28, 2022 - Chicken Filet Biscuit September 29, 2022 - Bacon Cheese Croissant September 30, 2022 - Sausage Biscuit

## LUNCH

All lunches served with your choice of assorted fresh fruit, canned or frozen fruit and variety of milk choices. Choice. Extras: Salad Bar Choice and Peanut Butter & Jelly Uncrustable Plate offered daily

- September 1, 2022 Crispy Chicken Tenders w/Honey Mustard or Cheesy Wild Mike's Pizza, Fresh Lettuce/Tomato Salad, Saucy Baked Beans, Fresh Whole Fruit, Chilled Fruit Cup, Celebration Cookie
- September 2, 2022 Wild Mike's Jalapeno Bites or Cheesy Parmesan Chicken over Buttered Noodles, Buttered Corn, Fresh Garden Salad, Fresh Fruit, Chilled Fruit Cup, Warm Fudge Brownie
- September 6, 2022 Seasoned Chicken Nuggets or Fresh Stuffed Crust Pizza, Carrots w/Ranch, Warm Roll, Fluffy Yellow Rice, Seasoned Blackeyed Peas, Chilled Mixed Fruit Cup, Fresh Fruit Choice
- September 7, 2022 Cheesy Stuffed Pizza Sticks w/Marinara or Manager's Choice, Fresh Garden Salad, Seasoned Corn, Fat Cat Brownie, Fresh Whole Fruit. Chilled Diced Pears
- September 8, 2022 Baked Cheesy Calzones or Spicy Buffalo Chicken Wrap w/Chip, Crispy Coleslaw, Oven Roasted Potatoes, Fresh Apple Grins, Icy Peach Cup - National Literacy Day
- September 9, 2022 Fresh Pan Pizza or Homemade Poppy Seed Chicken w/ Fluffy Brown Rice, Fresh Caesar Salad, Glazed Carrots, Fresh Whole Fruit, Warm Chocolate Chip Cookie, Mixed Berry Cup
- September 12, 2022-Cheesy Stuffed Crust Pizza or Managers Choice, Seasoned Potato Wedges, Perfect Green Beans, Chilled Pear Slices, Warm Cinnamon Rolls, Fresh Whole Fruit
- September 13, 2022 Homemade Tator Tot Casserole w/Warm Roll or Student's Choice Entree, Seasoned Black-eyed Peas, Buttered Corn, Fresh Fruit Choice, Chilled Diced Peaches
- September 14, 2022 Homemade Spaghetti w/Garlic Cheese Biscuit or Fresh Wild Mike's Pizza, Fresh Caesar Salad, Crispy Fried Okra, Fresh Fruit, Chilled Applesauce Cup
- September 15, 2022 Spicy Beef Nachos or Cheesy Stuffed Crust Pizza, Spicy Salsa Cup, Fresh Lettuce/Tomato Salad, Cheesy Refried Beans, Spiced Cinnamon Apples, Chocolate Chip Chortles, Fresh Fruit
- September 16, 2022 Fresh Pan Pizza or Homemade Meatball Sub, Fresh Spinach Salad, Crispy Sweet Potato Fries, Homemade Apple Crisp, Whole Fresh Fruit Harvest of the Month
- September 19, 2022 Crispy Chicken and Waffle or Fresh Wild Mike's Pizza, Seasoned Potatoes Triangles, Fresh Sliced Tomatoes, Chilled Juice Cup, Fresh Fruit, Warm Muffin
- September 20, 2022 Manager's Choice, or Crunchy County Fried Steak w/Biscuit, Buttered Mashed Potatoes, Seasoned Sweet Peas, Fresh Fruit Choice, Chilled Fruit Cup
- September 21, 2022 Crispy Chicken Sandwich or Warm Cheese Sticks w/Marinara, Fresh Broccoli w/Dip, Seasoned French Fries, Warm Celebration Cookie, Chilled Mixed Fruit, Fresh Fruit
- September 22, 2022 Homemade Mac-n-Cheese w/Little Smokies or Cheesy Wild Mike's Pizza, Seasoned Black-eyed Peas, Seasoned Collard Greens, Warm Cornbread Stars, Fresh Whole Fruit, Chilled Fruit Cup
- September 23, 2022 Cheesy Pan Pizza or Saucy BBQ Chicken w/ Roll, Shredded Lettuce and Tomato, Saucy Baked Beans, Fresh Apple Grins, Frozen Fruit Treat Celebrating Peanuts
- September 26, 2022 Manager's Choice or Cheesy Pan Pizza, Homemade Squash Casserole, Seasoned Green Beans, Fresh Whole Fruit, Sour Raisins
- September 27, 2022- Spicy Chili Cheese Fries w/ Warm Roll or Fresh Wild Mike's Pizza, Fresh Kale Salad, Seasoned Corn, Frozen Fruit Cup, Fresh Fruit Choice
- August 28, 2022 Cheesy Stuffed Crust Pizza or Cheeseburger with all the fixing, Seasoned Waffle Fries, Fresh Lettuce/Tomato/Pickle, Fresh Whole Apple, Delicious Birthday Cupcake w/Ice-cream Cup Happy Birthday Celebration Day
- August 29, 2022 Crunchy Beef Nachos or Cheesy Pan Pizza, Seasoned Black Beans, Fresh Shredded Lettuce/Tomato/Cheese, Spicy Salsa Cup, Fresh Fruit, Warm Cinnamon Apples, Warm Chocolate Fudge Cookie
- August 30, 2022 Wild Mike's Pizza or Crispy Beef Nuggets w/Warm Roll, Crispy Sweet Potato Tots, Homemade Coleslaw, Whole Fresh Fruit Choice, Chilled Fruit Cup

This Institution is an equal opportunity provider.