

BUTTS COUNTY
SCHOOL SYSTEM

Winter Wonderland

MENUS FOR
Elementary
January
2024

BCSS SNP Programs Offered: Fresh Fruit and Vegetable Program, CEP (System Wide)

Available Daily

Breakfast:

Asst. Fruit Choices
100% Fruit Juice
Flavored Milk

Lunch:

Asst. Fruit Choices
Jam Bag
Flavored Milk
Pre-Plated Salads

Special Promotional Days Highlighted in Blue.
New Items Highlighted in Red.



Nutrition Nugget
Collard Greens

Collard Greens are an excellent source of Calcium, Folate, and Vitamins K, C and A.

Fun Fact: Collard Greens, they date back to the prehistoric times, and originated near Greece.



HARVEST
of the
MONTH

Collard Greens



Recipe of the Month
Sautéed Collard Greens

Ingredients

1 Tbsp. Olive Oil, 1 Tbsp. Rice Vinegar
4 cups Chopped Collard Greens

Steps: Place chopped collard greens into hot oil. Cook until bright green add rice vinegar.

Featured Breakfast
Specials of the day

Friday January 5, Warm Cherry Frudel
Mon January 8, Chicken Biscuit
Tues January 9, Apple French Toast
Wed January 10, Smile Mini Donuts
Thurs January 11, Cinnamon Roll
Friday January 12, Breakfast Pizza
Tues January 16, Strawberry Pop Tart
Wed January 17, Sausage Biscuit
Thurs January 18, Apple Frudel
Friday January 19, Smile Mini Donuts
Monday January 22, Pull Apart Honey Bun
Tues January 23, Mini Cini
Wed January 24, Pancake Pup
Thurs January 25, Chicken Biscuit
Friday January 26, Mini Donut Holes
Mon January 29, French Toast Minis
Tues January 30, Sausage Biscuit
Wed January 31, Warm Muffin Top

HAPPY
NEW YEAR!

"This Institution is an equal opportunity provider. All meals are served at no charge to all students. Menus Subject to Change."

Featured Lunch Specials of the Day

National Soup Month

Friday, January 5

Crispy Chicken Sandwich or BBQ Pork w/Loaf Bread, Fresh Lettuce/Tomato, Pickle Spears, Crispy Sweet Potatoes Puffs
Fruit Smoothie Bowl

Mon, January 8

Homemade Brunswick Stew w/Crackers or Crunchy Corndog, Crispy Waffle Fries, Homemade Coleslaw, Warm Chocolate Fudge Brownie

Tues, January 9

Warm Cheese Sticks w/Marinara or **Spicy Orange Chicken w/ Pineapple Rice**, Buttered Corn, Seasoned Lima Beans, Crunchy Chocolate Chortles

Weds, January 10

Chicken Tenders w/Honey Mustard or Homemade Meatloaf, Orange Glazed Carrots, Warm Roll, Fluffy Yellow Rice, Fresh Broccoli w/Dip

Thurs, January 11

Homemade Tator Tot Casserole w/Roll or Student's Choice, Seasoned Black-eyed Peas, Fresh Veggies w/Dip

Friday, January 12

Cheesy Stuffed Crust Pizza or Homemade Chicken Tetrazzini w/Warm Roll, Garden Salad, Seasoned Green Beans

National Pizza Week

Tues, January 16

Cheesy French Bread Pizza or Homemade Macaroni and Cheese w/Little Smokies w/Roll, Seasoned Collard Greens, Fresh Carrots w/Ranch
Harvest of the Month

Wed, January 17

Spicy Mexican Pizza or **Spicy Chicken Barbacoa Nachos**, **Spicy Peach Salsa**, Fresh Lettuce and Tomato, Cheesy Refried Beans, Cinnamon Apples, Warm Cookie
Locally Purchased Smoked Chicken from Piedmont BBQ CO.



Thurs, January 18

Cheesy Pan Pizza or Homemade Spaghetti, Fresh Caesar Salad, Seasoned Green Beans, Warm Garlic Knot
National Spaghetti Day

Friday, January 19

Cheeseburger on Bun or **Cheesy Wild Mike's Pizza**, Lettuce/Tomato Salad, Pickle Spears, Buttered Corn, Crunchy Popcorn
National Popcorn Day

Mon, January 22

Managers Choice Entree or Saucy BBQ Chicken w/Roll, Seasoned Black-eyed Peas, Fresh Spinach Salad

Tues, January 23

Calzones w/Marinara or Crunchy Country Fried Steak w/Biscuit, Scalloped Potatoes, Seasoned Sweet Peas, **Warm Peach Crisp**
National Pie Day

Wed, January 24

Crispy Chicken/Waffles or Spicy Sausage/Cheese Biscuit, Seasoned Potato Triangles, Fresh Sliced Tomatoes. Chilled Juice Cup, Warm Banana Muffin

Scratch cooking daily, so parents don't have to!



Thurs, January 25

Homemade Chili w/Crackers or Hotdog on Bun, Baked Potato w/Fixings, Fresh Broccoli w/Cheese, Warm Cinnamon Roll

Friday, January 26

Homemade Poppy Seed Chicken w/Rice or Cheesy Pan Pizza, Fresh Garden Salad, Or Homemade Squash Casserole

Mon, January 29

Homemade Vegetable Beef Soup w/Grilled Cheese Sandwich or Mini Corndogs w/Dip, Saucy Baked Beans, Crispy Onion Rings, Sweet Ice Cream Cup, Homemade Birthday Cake
Monthly Birthday Celebration

Tuesday, January 30

Manager's Choice or Chicken Nuggets w/Honey Mustard, Warm Roll, Fresh Caesar Salad, Sweet Corn Nuggets

Wed, January, 31

Warm Peruvian Chicken on Hoagie Bun, or Cheesy Pan Pizza, Crispy Waffle Fries, Fresh Carrots w/Dip, Sweet Animal Crackers

Locally Purchased Smoked Chicken from Piedmont BBQ CO.



"Service Minded Hunger Focused"