



MENUS FOR
Elementary

February
2024

BCSS SNP Programs Offered: Fresh Fruit and Vegetable Program, CEP (System Wide)

Available Daily

Breakfast:

Asst. Fruit Choices
100% Fruit Juice
Flavored Milk

Lunch:

Asst. Fruit Choices
Jam Bag
Flavored Milk
Pre-Plated Salads

Special Promotional Days Highlighted in Blue.
New Items Highlighted in Red.



Nutrition Nugget

Boiled Cabbage

Cabbage has 1 gram of fiber for every 10 calories.

Fun Fact: Cabbage is considered Russia's national food.



HARVEST
of the
MONTH

Collard Greens



Recipe of the Month *Sautéed Cabbage*

Ingredients

½ lb. Bacon
2.5 lbs. cabbage large head chopped
½ cup vegetable broth and salt/pepper
Steps: Cook bacon in Dutch oven until fat is rendered. Add cabbage and stock. Cook until tender and golden brown.

Featured Breakfast Specials of the day

Thurs February 1, Warm Cherry Frudel
Friday February 2, Chicken Biscuit
Mon February 5, Apple French Toast
Tues February 6, Smile Mini Donuts
Wed February 7, Cinnamon Roll
Thurs February 8, Breakfast Pizza
Friday February 9, Strawberry Pop Tart
Mon February 12, Sausage Biscuit
Tues February 13, Apple Frudel
Wed February 14, Smile Mini Donuts
Thurs February 15, Pull Apart Honey Bun
Friday February 16, Mini Cini
Mon February 26, Pancake Pup
Tues February 27, Chicken Biscuit
Wed February 28, Mini Donut Holes
Thurs February 29, French Toast Minis



Featured Lunch Specials of the Day

American Heart Month

Thurs, February 1

Crispy Chicken Sandwich or BBQ Pork w/Loaf Bread, Fresh Lettuce/Tomato, Pickle Spears, Crispy Sweet Potatoes Puffs
Warm Fudge Brownie

National Dark Chocolate Day

Friday, February 2

Homemade Tator Tot Casserole w/Roll or Jalapeno Cheese Bites w/Marinara, Seasoned Sweet Peas, Fresh Veggies w/Dip

National Tater Tot Day

Mon, February 5

Cheesy Stuffed Crust Pizza or Homemade Chicken Tetrazzini, Garden Salad, Seasoned Green Beans, Chocolate Chortles

Tues, February 6

Chicken Tenders w/Honey Mustard or Homemade Meatloaf, Glazed Carrots, Warm Roll, Fluffy Yellow Rice, Fresh Broccoli w/ Cheese

Wed, February 7

Homemade Brunswick Stew w/Warm Roll or Crunchy Corndog, Saucy Baked Beans, Homemade Coleslaw, Fruit Smoothie Bowl
Freshly Baked Cinnamon Roll

Thurs, February 8

Cheesy French Bread or Spicy Orange Chicken w/Rice and Warm Roll, Buttered Corn, Seasoned Lima Beans

Friday, February 9

Wild Mike's Cheese Bites w/Marinara or Homemade Macaroni and Cheese w/Little Smokies w/Roll, Seasoned Collard Greens, Fresh Veggies w/Ranch

National Pizza Day

Mon, February 12

Spicy Taco Max Snax Quesadilla or Spicy Beef Nachos, Spicy Salsa, Fresh Lettuce and Tomato, Cheesy Refried Beans, Cinnamon Apples, Warm Cookie

Tues, February 13

Cheesy Pan Pizza or Homemade Spaghetti, Fresh Caesar Salad, Seasoned Green Beans, Warm Garlic Knot, Warm Blueberry Crisp
Locally Purchased Blueberries from Byne Blueberries



Wed, February 14

Breakfast for Lunch Day

Crispy Chicken/Waffles or Spicy Sausage/Cheese Biscuit, Seasoned Potato Triangles, Fresh Sliced Tomatoes, Chilled Juice Cup, Valentine Cookie

Valentine's Day

Thurs, February 15

Managers Choice Entree or Saucy BBQ Chicken w/Roll, Seasoned Black-eyed Peas, Southern Boiled Cabbage

Harvest of the Month

Friday, February 16

Basket Lunch

Crispy Corndog, Fresh Carrots w/Dip, Crispy Waffle Fries, Fresh Whole Apple, Dick and Jane President's Day Cookies

President's Day February 20

Scratch cooking daily,
so parents don't have to!



Mon, February 26

Cheesy Pan Pizza or Crispy Chicken Sandwich, Seasoned Green Beans, Oven Roasted Potatoes, Blueberry Cup w/Topping

Locally Purchased Blueberries from Byne Blueberries

Tues, February 27

Homemade Chili w/Warm Roll or Hotdog on Bun, Baked Potato w/Fixings, Fresh Broccoli w/Cheese, Fresh Strawberry Cup

National Strawberry Day

Weds, February 28

Cheesy Meatball Sub or Manager's Choice, Crispy Sweet Potato Fries, Saucy Baked Beans, Sweet Ice Cream Cup, Homemade Birthday Cake

Monthly Birthday Celebration

Thurs, February 29

Cheeseburger on Bun or Chicken Nuggets w/Honey Mustard, Warm Roll, Fresh Lettuce/Tomato Salad, Pickle Spears, Sweet Corn Nuggets

Black History Month



"Service Minded Hunger Focused"