

BCSS School Nutrition

Why #SchoolLunchRocks

School meal programs are self-sustaining, funded through federal reimbursements and sales revenue, and independent of school district education budgets. By law, school meal programs are required to operate as non-profit entities.

School Meals are AFFORDABLE

Thanks to extension Waivers, ALL Students receive meals for FREE

School Breakfast and Lunch Weekly- \$0.00

Avg. Breakfast and Lunch at Home- \$10 per day, \$50 per week/ \$200 monthly

School Meals are HEALTHY

Students who eat school meals are more likely to consume fruits, vegetables and milk at breakfast and lunch

MORE proteins,
MORE calcium,
MORE Vitamins=
HEALTHY Children

Offered Daily:

2oz Proteins/MMA

2oz Whole Grains

1 cup vegetables

1 cup fruits

8oz dairy

www.schoolnutrition.org

This Institution is an equal opportunity provider.